

CALIFORNIA FITNESS CENTER GROUP EXERCISE SCHEDULE

January 2012						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 01, 2012	02	03	04	05	06	07
No Classes	5:30p..... Zumba 6:40p.... Cardio Boxng 7:45p Pump	10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30pCardio Boxing 7:35pZumba	6:10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30p.....Zumba	8:00a Yoga 9:15a.....Zumba 10:30a.....Pump
08	09	10	11	12	13	14
No Classes	5:30p..... Zumba 6:40p.... Cardio Boxng 7:45p Pump	10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30pCardio Boxing 7:35pZumba	6:10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30p.....Zumba	8:00a Yoga 9:15a.....Zumba 10:30a.....Pump
15	16	17	18	19	20	21
No Classes	5:30p..... Zumba 6:40p.... Cardio Boxng 7:45p Pump	10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30pCardio Boxing 7:35pZumba	6:10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30p.....Zumba	8:00a Yoga 9:15a.....Zumba 10:30a.....Pump
22	23	24	25	26	27	28
No Classes	5:30p..... Zumba 6:40p.... Cardio Boxng 7:45p Pump	10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30pCardio Boxing 7:35pZumba	6:10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30p.....Zumba	8:00a Yoga 9:15a.....Zumba 10:30a.....Pump
29	30	31	Feb 01	Feb 02	Feb 03	Feb 04
No Classes	5:30p..... Zumba 6:40p.... Cardio Boxng 7:45p Pump	10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30pCardio Boxing 7:35pZumba	6:10:00a.....Zumba 6:30p..... Zumba 7:35p Pump	6:30p.....Zumba	8:00a Yoga 9:15a.....Zumba 10:30a.....Pump